

STORM ELITE 2024 STORM SHELTER HOUSE KEEPING POLICY

- No one is permitted on any gym equipment including but not limited to the air track, training floors, trampoline and crash mats without the approval of a coach. This includes athletes, parents, siblings and friends.
- All training sessions are closed to spectators unless permission is given. We find this helps all athletes focus on their task at hand. No parents or siblings in the training room unless permission is granted by Storm Elite staff.
- All competitive athletes at Storm Elite MUST wear either Storm Elite training gear or plain black sportswear to all training sessions. Hair should be pulled back properly out of the face before training begins. The most successful training sessions happen when athletes arrive prepared to train!
- Competitive cheerleading participants should wear appropriate cheerleading shoes (these are not to be worn outside of cheerleading). Please do not walk mud or dirt into the Storm Shelter. All athletes should wear alternative footwear to and from the building and change into their cheerleading shoes once inside.
- All hair should be pulled up out of the athletes face in a high ponytail or braids.
- Please keep the toilets clean and put rubbish in the bins provided. No food is to be taken into the changing rooms or training area.
- The communal area at the Storm Shelter is provided for the comfort of all family members while athletes participate in our program. To provide a safe and welcoming environment, we ask that spectators refrain from talking about Storm Elite staff or athletes (other than their own) while inside this area.